



*THE SPA at Rockport provides you with a nurturing and caring oasis offering therapeutic spa treatments that bring serenity to your mind, body and soul.*

*Look Great and Feel Better!*

*(978) 546-2800*

## *Facial Treatments*

### **Express Facial**

This 30 minute facial includes cleansing, exfoliation and custom mask for those on the go! \$45

### **Teen Facial**

This facial is designed for pre-teens & teens only (11-17). They will receive a brief education on how to maintain healthy skin at home. The facial will consist of a deep cleansing of their pores, exfoliation, extractions (when necessary) and a therapeutic treatment mask. A parent or guardian must accompany the teen at the consult. \$55

### **The Spa Signature Facial**

With this facial you will experience cleansing, exfoliation, extractions (if necessary), a massage of the face, neck and shoulders and finally a therapeutic mask to assist in correcting any conditions you may be experiencing. When you emerge an hour later your skin will be clean and glowing! \$75

### **Men's Cleansing Facial**

Our signature facial customized specifically for men. \$75

### **Back Facial**

This treatment is a favorite for both men and woman. Our personalized back facial is designed to address concerns of a hard to reach area. You will experience deep cleansing, exfoliation and a customized mask. A perfect way to melt away any tension built up in your back, neck and shoulder muscles. \$80

### **Alphablend Facial**

This powerful treatment uses extra-strength exfoliation to peel away dulling surface layers, minimize the appearance of pores and smooth the skin. An immediate improvement in texture will occur, surface skin will feel like porcelain and your complexion will take on a healthy, youthful glow. The intensity of the treatment is customized for your exact skin to ensure maximum results. A potent skin peel without any downtime. \$85

### **Calming Facial**

A perfect choice for sensitive skin or skin with rosacea. Deep cleanse, exfoliate and nourish your sensitive skin with this truly gentle but skin-renewing facial. You'll experience calming skin cleansing, a relaxing facial massage and an ultra-soothing mask customized specifically for your skin's unique sensitivities. You'll emerge feeling serene and relaxed, with skin that's balanced, glowing and healthy-looking. \$85

### **Oxygenation® Facial**

Breathe new life into your complexion with this high-performance cosmeceutical treatment that carries active ingredients deep into your skin via oxygen molecules. The immediate visible benefits you'll enjoy include softer, smoother skin that feels cleaner and fresher than ever. This is the perfect treatment for skin that is sluggish, clogged or prematurely aging. \$85

### **Flaxx-C Anti-Aging Facial**

This breakthrough treatment is created for skin that's showing signs of age – sagging, fine lines and dullness. A thorough cleansing is followed by our exclusive layered exfoliation process, energizing massage and ultra-tightening mask. It's all designed to restore firmness to sagging skin as it lifts, tightens and smoothes. You'll instantly experience firmer, more resilient skin. \$90

### **Heavenly Facial**

This amazing treatment is not just a facial. If you are in need of a stress relieving experience then this is the perfect treatment for you. When you emerge from your 105 minutes of pure bliss you will feel as though you are floating through clouds. This treatment is exclusively designed to bring peace and serenity to your mind, body and spirit! \$125

*~ Add Lymphatic Drainage to any facial for only \$15.00 ~*

*\*\* Add a brow wax to any facial for ½ price \*\**

# *Body Treatments*

## **Aromatherapy Oil Treatment**

In this relaxing body treatment you will receive a neck-to-toe effleurage of therapeutic aromatherapy oils. You'll drift into a state of complete relaxation as the fragrant molecules of warm oil penetrate your skin. When you emerge from your alpha state, you will be completely de-stressed with unbelievably smooth, soft skin. \$75

## **Herbology Body Retexturizer**

Experience a therapeutic body exfoliation that uses medicinal Chinese herbs to smooth and retexturize your skin from neck to toes. You'll then be cocooned in heated thermal blankets to melt the therapeutic granules into your skin. The result will be silky smooth, revitalized skin that will feel comfortable for days. \$80

## **CryoThermic Body Wrap**

You'll enjoy the dual sensation of invigorating heat and revitalizing cooling energies as CryoThermic Body Gel activates your microcirculation. As you're wrapped and relaxed, this intensive thermal process will immediately begin to target puffiness and swelling due to water retention, tissue firmness, unwanted toxins, and sluggish microcirculation from lack of exercise. The result is a more toned, revitalized body. \$90

## **Raindrop Therapy**

This luxurious and powerful therapeutic modality during which essential oils are dropped along the spine and effleurage in bringing comfort, relaxation and harmony to the entire body. Therapeutic-grade essential oils are used to enhance circulation, relax and soothe muscles, reduce inflammation and discomfort as well as promote structural alignment. \$75

# *Massage*

## **Express Chair Massage**

Focusing on the head, neck and shoulder area this massage is a great way to ease your fatigued muscles.

15 minute minimum \$1 per minute

## **The Rockport Massage**

Enjoy 90 minute massage with hot stones to melt away your tension. This is especially enjoyable in the fall and winter months. \$120

## **Swedish Massage**

Light to moderate massage for stress reduction.  
30 min. \$45 ~ 60 min. \$75 ~ 90 min. \$110

## **Deep Tissue Massage**

More aggressive, deeper massage focusing on your troubled areas helping to relieve muscular tension.  
30 min. \$45 ~ 60 min. \$75 ~ 90 min. \$110

### **Pre-Natal Massage**

This therapeutic treatment can be performed during your 2<sup>nd</sup> and 3<sup>rd</sup> trimesters. Designed to assist in reducing discomfort associated with pregnancy this treatment can also assist in improving your labor and delivery. Studies show that women who received regular massages during pregnancy had lower rates of premature birth, fewer obstetrical problems, and their babies had a lower rate of postnatal complications.

30 min \$45 ~ 60 min \$75

### **Reflexology**

Soothing foot massage mixed with ancient Chinese medicine practice of using pressure points on the feet to stimulate energy and nerve pathways to improve overall health. 30 min \$55

## *Hands and Feet*

### **Natural Manicure**

Nails and cuticles are groomed, your hands and arms are given a soothing massage. Nails are then polished to perfection. \$21

### **Spa Manicure**

A natural manicure is enhanced with a hand and arm exfoliation treatment that will rejuvenate and restore the skin to a more youthful appearance. Next a relaxing hand and arm massage will dissolve any tension and enhance circulation. Finally a polish of your choice. \$26

### **Express Pedicure**

After a foot soak, nails and cuticles are groomed. Your feet are then massaged and polished. \$30

### **Therapeutic Men's Foot Treatment**

An aromatic foot bath is followed by a complete grooming. After an invigorating leg and foot exfoliation you will enjoy a relaxing massage. \$40

### **Spa Pedicure**

An aromatic foot bath is followed by a complete grooming. After an invigorating leg and foot exfoliation you will enjoy a relaxing massage. Finally nails are polished leaving your feet feeling like new. \$45

## *Nail Treatments*

French Polish	\$ 5
Polish Change	\$10
Paraffin Hands or Feet	\$10

### **Gel Nail Services**

Overlay on natural nail	\$40	Gel removal	\$25+
Overlay with tips	\$55	Gel repair (per nail)	\$ 5
Gel fill	\$25	French	\$ 10

### *Waxing Services*

Brows	\$15	Upper Lip	\$ 8
Chin	\$ 8	Brow-Lip-Chin	\$26
Full Leg	\$70*	Half Leg	\$35
Bikini	\$30*	Full Leg w/ Bikini	\$95*
Chest	\$50*	Back	\$65*
Underarm	\$30	Toes	\$15

\*represents starting price

You have the opportunity to save on your services when you purchase a series. Buy 6 and get your 7<sup>th</sup> service FREE!!

### **Business Hours**

Monday	Closed
Tuesday	By Appointment
Wednesday	10 am ~ 5 pm
Thursday	10 am ~ 7 pm
Friday	10 am ~ 5 pm
Saturday	10 am ~ 2 pm

Additional hours available by appointment only.  
The summer schedule will start on Labor Day weekend.

*Please give the courtesy of at least 24 hours to let us know you need to change your scheduled treatment time. If less than 24 hours notice is given you will be responsible for a cancellation fee of 50% of the scheduled service.*

\*All pricing and services are subject to change\*



**We accept all major credit cards.  
Gift Cards are available.**

13 Railroad Avenue ~ Inglass Place ~ Rockport, MA 01966 ~ 978.546.2800

# *Raindrop Therapy*

Patricia Scalice, RN, BSN  
Certified Healing Touch Practitioner  
Essential Oil Therapist

Having worked as an RN for over thirty years I have a lifetime of experience with care giving and healing. I have studied the "Healing Arts" since 1978 and specifically Healing Touch since 1995. I earned Practitioner Certification status from Healing Touch International, Inc. in November 2006.

Healing Touch is a relaxing, nurturing energy therapy. The gentle touch of the practitioner assists in balancing your physical, mental, emotional and spiritual well-being. Healing Touch works with your energy field to support your natural ability to heal. It is safe for all ages and works in harmony with standard medical care. Some benefits include reducing stress, decreasing pain, easing acute and chronic conditions and supporting cancer care.

Aromatherapy encompasses both the inhalation of essential oils and the therapeutic application of them to the skin. Essential oils are the aquatic volatile oils found in plants. They are complex chemical compounds that are the plant's life force. Historically, they are the first type of "medicine" used by man to heal as revealed in ancient Egyptian and Scriptural references.

*Raindrop Therapy* is a luxurious and powerfully healing modality during which essential oils are dropped along the spine and effleurage in bringing comfort, relaxation and harmony to the entire body. Therapeutic-grade essential oils are used to enhance circulation, relax and soothe muscles, reduce inflammation and discomfort as well as promote structural alignment.

My mission is to work with you using Healing Touch and Essential Oils to ease your distress, support your natural ability to heal and to attain your highest level of personal wellness integrating body, mind and spirit.

One hour treatment \$75